



COACH'S CORNER

Aloha,

What a great Homecoming week for the school and our teams. There are so many experiences in a football season that our players will cherish for a lifetime. Although the outcomes of the games



this week were not the victories we all expected, the process of learning and coming together as a team is filled with many victories that our players will reflect on and they will be truly grateful. I am very proud of our players and the effort they put forth. I believe that both our JV and Varsity were the better teams, better prepared, more physical and played with great effort. Unfortunately like in life, you can do everything possible to prepare and the breaks go the other way. I believe when these times occur in life and on the field of play it is a test. One of our varsity players Martin Taulele addressed the team after the game and said, "Guys, this is a test, a test of our faith." I agree with Martin and I am sure we will pass this test with flying colors. We have a lot of football left and we will continue to prepare for greatness on and off the field as the season unfolds.

Thank you for all of your support.

GO BIG BLUE!

God Bless!



In this issue:

Coach's Corner	I
Na Menehune Awards	II
Game of the Week	III
Announcements	IV
Announcements Cont.	V
Announcements	VI
Announcements Cont.	VII
Announcements	VIII
Sponsors	IX
Mene Thanks	X
Potluck Offerings	XI-Xii

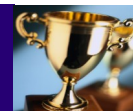
Visit Na Menehune

Football's Home Page

Moanaluafootball.com



FOOTBALL AWARDS



Na Menehune of the week:

The hardest working JV and Varsity player during the week in practice - They wear a special lei all week and get a free Gatorade at the end of each practice and any extra conditioning during practice becomes optional for them, the following week they pass the lei on to the next award winners).

Academic Player of the week:

The JV and Varsity player that earned the highest GPA based on their weekly grade check.

Varsity Game awards:

1. **"Big Hit"** of the game: The varsity player that has the most physical, block, tackle or Katoosh - earns a playmaker drift T-shirt.
2. **"Playmaker"** of the game: The varsity player that makes a big play that impacts the game - earns a "Playmaker drift T-shirt".
3. **"Hard Hat"** of the game: The hardest working varsity player during the game, great effort - Earns a custom Hard Hat like the coaches but painted Blue by Coach Martinez, Trinity and Apollo.
4. **"Game Ball"**: For victories, we acknowledge the varsity player that had the biggest impact on the game - he earns the actual game ball from the game.
5. **"Give The Glory"** - (This is a new award for 2010, the varsity player that earns the game ball award, turns around and chooses to give it to another player or group who helps him do the things to earn it, hence, to "Give the Glory" to someone else.

Na Menehune of the week

JV: **Austin Toft**

Varsity: **Micah Maio**

Academic Player of the Week

JV: **Philip Baldovi**
Varsity: **Koddie Beach**

Big Hit
CJ Dia

Playmaker
Andrew Lee

Hard Hat
Pono Kalua

Game of the Week

Kailua holds off Moanalua, 23-20

Wes Nakama
ScoringLive reporter

Bubba Sato scored on a 1-yard touchdown run with one minute remaining and Kailua held off Moanalua in the closing seconds last night, 23-20, in thrilling O'ahu Interscholastic Association football action.

A near-capacity Homecoming crowd of about 1,500 at Moanalua Stadium watched Kailua win its third straight game and improve to 3-2 overall and 2-1 in the OIA Red Conference Eastern Division. Moanalua, ranked No. 10 in ScoringLive's statewide Top 10 poll, fell to 2-2, 1-1. Na Menehune trailed 14-0 early in the second quarter but eventually took a 17-16 lead with 3:52 left in the third quarter after Charles Spencer's 18-yard TD scamper and Lee Arakawa's extra point. Arakawa added a 27-yard field goal to put Moanalua ahead, 20-16, with 9:38 remaining in the game.

Na Menehune then stopped Kailua on its next two series but faced a fourth-and-2 from the 50 with about three minutes left. They elected to go for the first down, but 6-foot-2, 240-pound tight end Richard Villasenor -- lined up at quarterback -- was stopped short on a sneak to the left side. "I thought we could get it, we had our big package in there and we had a (line) surge," Moanalua coach Arnold Martinez said. "I figured we could get the first down, and even if we didn't, our defense had stopped them on the previous three possessions and was playing very well."

This time, however, the Surfriders kept marching thanks to some clutch pass plays and a crucial pass interference call against Na Menehune on third-and-3 from the Moanalua 31. Three plays later, sophomore quarterback Kahaku Iaea completed a 14-yard pass to Dustin Kalai in traffic over the middle, giving Kailua first-and-goal at the 1. Sato then ran it in on the next play and Eric Lum's PAT made it 23-20.

After the ensuing kickoff, Moanalua advanced the ball to the Surfriders' 46 in four plays, but eventually faced fourth-and-10. Keven Amaral completed a pass to Taylor Tanaka on the left sideline with six seconds remaining, but it was measured one yard short and Kailua took over on downs, taking a knee to end the game.

"We had a lot of miscues, we shot ourselves in the foot in many ways and can second-guess numerous things," Martinez said. "But give Kailua credit -- they made big plays when it counted."



Announcements



1. Game Rules: FYI it is required that each player wear the official certified equipment that was issued to them at the beginning of the season. (We issued every player the mandatory equipment. However, the officials found 3 JV players and 6 Varsity players during our pre game warm ups this past Friday that did not have their hip pads and or thigh pads. (Many of the kids want to copy the NFL players who are not required to have these pads) eg. The officials will inform Coach Martinez that #22 does not have his padding in, if he sneaks onto the field while missing his pads, it will be a 15 yard penalty and the Head Coach will be ejected. Please encourage your child to follow the national high school rules of play.

2. Schedule:

This week is a normal game week for the practice schedule. Please go to www.moanaluafootball.com to print out your own copy of the practice schedule and game schedule. There will be Tuesday night practice and Thursday team dinner. Senior, Junior and Sophomore players who do not have weight training class during the school day will have morning lift on Thursdays 7am-8am. Dawn patrol will be on Saturday morning this week at 6:30am.

Monday:

Varsity Film 2:15 to 3:30
JV and Varsity practice 4- 6:30

JV and Varsity Practice 4pm - 6pm
Team Dinner to follow practice 6:30pm

Tuesday:

Study Hall 20 minutes following last school bell
Varsity meetings 4:15pm
Varsity and JV Practice 6pm to 8:30

Friday:

No school for students

JV check in time is 1pm, the bus will leave for Kaiser at 2:30pm
Varsity Check in time is 3:30, the bus will leave for Kaiser at 5pm

Wednesday:

Grade checks are due, players give them directly to their position coaches. Academic probation players grade checks due on Monday 9/13.
Varsity Film 2:15 to 3:30
JV and Varsity practice 4- 6:30

There will be no pre game meals since the players will be on their own for the majority of the day prior to the game, please encourage them to drink a lot of water, no soda, no caffeine and nutritious food for energy no later than 2:30 for the JV game so the food will have time to digest. There will be a post game meal provided for both teams.

Thursday:

Morning Lift - 7am to 8am
Study Hall 20 minutes following last school bell to 3:20

Saturday:

6:30am Dawn Patrol for those that violate team rules.
8am JV film game grade out
9:30 am Varsity Film game grade out

Game day jerseys: Players that are on practice squad both varsity and JV will no longer be allowed to check out a game jersey on game days. These players will be in shirt and tie on the sideline during the games. Many of the players are not returning the game jerseys on time. Please help us find Varsity jersey #80 Away. It was checked out the day before the Punahou game and now it is lost. It never came back. This will cost \$120 to replace but the worst thing is it means 1 less player can suit up for varsity away games because it will take 5 weeks to get the replacement jersey in. Please help us find it.



Announcements



4. Please encourage your player to lock their clothing, football gear, and shoes in their lockers before, during and after practices. The coaching staff is spending a lot of time in the locker room sifting through the shirts, underwear, shoes, cleats and football gear on the ground that the players continue to leave out. We will not maintain a lost and found, the players have been warned many times. If we find shoes and personal clothing on the floor after practice it will be dumped and or donated. We do have parents assisting us in the locker room now regarding this issue, thank you for helping.

5. We are looking for volunteer parents that are available Tue and Thurs 20 minutes after school to assist us in monitoring and tutoring the teams during our football academic study hall sessions. To sign up please email Charlene at moanaluafootball@gmail.com

6. Don't forget to register for the **Komen Race for the Cure** on Sunday, Oct. 17th at 7am. It is a 5K race or a 1mile fun walk benefiting breast cancer research. We participate in honor of Candace Tiave and members of our football 'ohana affected by the disease. Participants must register before 9.30.2010.

7. Many of the players have not picked up their football pictures, please see Coach Kel or Coach Kaleo to pick them up.

8. Academic probation players were given their AP grade check forms last week Thursday, they are due tomorrow Sept 13 by 3pm to Mr. Joel Kawachi. This will determine if they are eligible to play this Friday vs Kaiser and next week vs Kahuku. Please encourage your child to stay on top of his academic requirements in order to stay eligible to play the entire season.

9. Away-game protocol:

This week is an away game at Kaiser. The JV game will begin at 5p. The JV team bus will leave at 2:30pm Active roster players will ride on the bus together as a team. Because we cannot afford 2 buses for the JV team, the practice squad players can attend the game, they will be on the sideline in their jersey but they will need to ride to the away games with their parents. The JV return time after the game for this week is 6:45pm to head back to Moanalua. JV active roster players who are suited up for away games are required to return back to the school on the team bus (they cannot change and stay in the stands) the only exception is if a JV player has a brother on the varsity team, they can be released to their parents and they must leave the facility and pay the entrance fee at the gate to watch the varsity game. They will need to have a change of clothes and their football gear and game uniforms must go back with a JV coach on the bus to return to the school. Please pick up your child at Moanalua High School by 8pm so that they are not left unsupervised. A JV coach will stay with them at the school until that time. The Varsity Bus will leave for the game at 5pm and return at 9:30pm please pick up your child from the school by 11pm.



Announcements



10. Pre-game meals on Saturday games: For games that land on a Saturday we will not provide a pre-game meal, the players are usually home all day prior to the game, they should eat 2 hours to 1.5 hours before the game. There will however be a post game snack or meal on Saturday games.
11. Information tree: Please pass this information on to parents or guardians who you might sit with at team dinners or games who do not receive our newsletters via email. Newsletters and announcements regarding Moanalua football are posted at the football website weekly. The address is www.moanaluafootball.com
12. Please be sure to visit: [HawaiiLocalNews.Blogspot.com/](http://HawaiiLocalNews.blogspot.com/) for an incredible article and photos by Mr. Alan Kang who covered the Kailua game.
13. **FRIENDLY REMINDER** Sideline access - Only authorized personnel will be allowed on the sideline during games. Authorization comes from Coach and the administration.
14. Peter Caldwell (Tahi Caldwell, JV #23) has offered another great crop of photos from his camera on the sidelines that seems to follow the ball extremely well! His photos can be accessed using the following link: <http://pekelo.smugmug.com/sports>. Thanks Peter for giving us access and allowing your photos to be published in the newsletter!
15. As always, Mrs. Bonnie Arakawa does an awesome job capturing the players on the field. Please access the following link to view her pictures of the game versus Kailua: picasaweb.google.com/barakawa18. Thanks Bonnie!!
16. **FRIENDLY REMINDER** **Money for sold and unsold Steak and Chicken plates are due this Thursday. Reminder to parents: If you did not sell Chicken & Steak tickets or any unsold tickets, \$4 per unsold ticket is due Thursday!! Ten tickets is what was asked of each player to sell.**



Announcements



FOOTBALL MOMS “MEET & GREET”

While the boys are at night practice,
we hope you will join us

@

DIXIE GRILL

September 21st, 6:00 pm
99-016 Kamehameha Hwy
Aiea, HI 96701

Please RSVP to Grace @ 722.5764 by Sept 17th
you can also find me on Facebook - grace ramelb copeland

Friendly Reminder

MOM'S FELLOWSHIP

Please feel free to join us for our voluntary & optional moms' fellowship. It will continue to meet before team dinners at 5:30pm-ish in the courtyard. If you would like to volunteer to lead one of them, please contact Charlene Martinez at:

www.MoanaluaFootball@gmail.com

Parental Monitoring Wanted & Needed!!

We are in need of parent volunteers to help monitor the study halls scheduled for Tuesdays and Thursdays. Study hall begins 20 minutes after the last bell on these days. You do not need to attend every study hall, but if we can get a steady flow of parents every week it would be beneficial to all of our student athletes. Please contact Val Lockett @ 808.888.4024 or LockettOhana@gmail.com if you are able to volunteer your time.

Thank you in advance!

The Annual Steak & Fried Chicken Plate Sale

Saturday September 25th (10am to 6pm) @ Island Family Church

Tickets have been passed out, if you haven't received yours yet or need more, please see Evie Carranza or Matt Pieper at Thursday night potluck dinner.

Deadline to turn money in for plate lunch sales will be 9/16.

For more information see Parent Survival Guide or contact Matt Pieper at 292-6198

Donation Letter Addresses!!

From Matt Pieper

Mene, Mene, Mene thanks to those who have turned theirs in!! We really need help getting those addresses back from each family!!

This is a very large part of our fundraising campaign and need everyone to help carry the load!! Thank you for your attention to this, I look forward to licking alot of stamps real soon!! Let Grace Copeland know if you are interested in helping lick stamps!! ;}

Mene Wear

T-shirts will be restocked for Thursday nights potluck dinner.

Visors will be coming soon!! Rally Towels and Car Stickers will also be available!!

FUNDRAISING

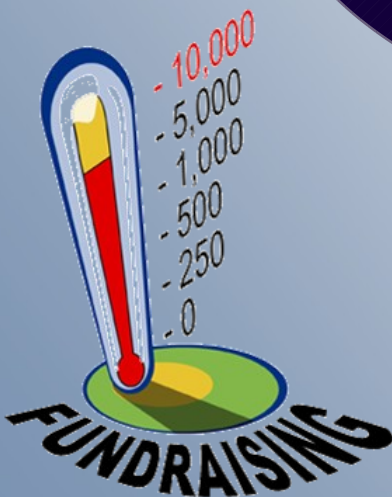
IT IS A MUST!

**Friends and Family members of Moanalua Football
can now make monetary donations to our
program by visiting**

www.moanaluafootball.com

To make donations online!

**Thank You for
your support!**



Mene Thanks to our Sponsors!!

MALOLO BEVERAGES



Ilīma Catering

Hawaii's Dairy

Kapolei & Waipio



James D. Swoish, Inc.

Eggs Hawaii, Inc



The football program would like to recognize the businesses listed above for their generous donations to Moanalua Football and ask that students and families make every effort to patronize these businesses whenever possible.

Mene Thanks and Blessings

Mene thanks and blessings to the following family members for helping serve the team meals:

Kaipo & Leah Nuuanu

Guy & Lori Higashi

Chris Kamaka

Pam & Roy Ishihara

and Mene, Mene More!!

Thanks to all those parents who help with Family Potluck night!!

Looking forward to Pasta Night this Thursday!!

Thank you to Olga Caldwell (Tahi, JV) , Val Lockett (Anthony, Varsity), Myrah Baided (Kelvin, Varsity), Lori Higashi (Joshua, JV), Regina Lambert (Donald, JV) and Dante Aragon (Chad, JV) who have volunteered to help with monitoring study hall.

Thank you to Tony Lockett who stayed very late after our Kailua game to monitor and help clean up the locker room.

Last but not least, a warm thank you goes out to SFC Albert Palmere of the Hawaii Army National Guard, who has done a great job scouting and filming our opponents in advance of our scheduled games with them.

Mene Mahalos To Everyone !!

Potluck Dinner Donations

FAMILY DINNER

THEME NIGHT: *Pasta*

Week #8 09.16.10

<i>PASTA OF YOUR CHOICE</i>	<i>CONT PASTA</i>	<i>ROLLS OR GARLIC</i>	<i>SALAD</i>
	<i>OF YOUR CHOICE</i>	<i>BREAD</i>	<i>OF YOUR CHOICE</i>
Amaral, Kevin			
Arakawa, Lee	Nordgran, Kyler	Spenser, Charles	Bartelome, Efren
Beach, Koddie	Okamoto, David	Taitoa, Victor	Bonus, Alex
Bowen, Anthony	Pieper, Kawika	Talaro, Joel	Carranza, Shain
Caballero, Kainoa	Racela, Anthony	Tanaka, Taylor	Cheong, Wayon
Carvalho Apo, Darren	Ramos, John	Tanioka, Jordan	Kahalepuna, Alika
Copeland II, Gary	Scott, Elijah	Tatuoo, Luther	Kanekoa, Abe
Dia, Cazembe	Shake, Josh	Taulelei, Martin	Ko, Amiel
Egami, Michael		Tauvela, Marciano	Martin, Donnatuious
Eselu, Noah		Tuaolo, Esena	Wakita, Adam
Fujiwara, Kyle		Turk, Dillon	Coelho-Lopes, Nainoa
Green, Keith		Velazquez, Sebastian	Ellis, Trevor,
Hamasaki, Chasen		Villasenor, Rich	Herrador, Mitchell
Herrara, Cipriano		Winmberly, Donovan	Ambrocio, Brandon
Hunter, David		Winam, Clint/Chaz	Augustiro, Zarin
Ishihara, Ryan		Yoshida, Sage	Bush, Charvis
Johnson, Champion		Farinas, Victor John	
Jones, Micah		Akama, Justin	
Kaholoa'a, Kainoa		Ayson, Shannon	
Kalua, Pono		Baez, Richard	
Tsugawa, Trevor		Baided, Kelvin	
Kealohi, Trevor			
Kelai, Daniel			
Laudato, Jhaynerz			
Lee, Andrew			
Lockett, Anthony			
Loyd, Christopher			
Lyle, Mario			
Magallon, Jose			
Maio, Micha			
Mendoza, Emilio			
Miller, Liam			
Moi, Mia			

Potluck Dinner Donations

FAMILY DINNER

THEME NIGHT: *Pasta*

Week #8 09.16.10

Page 2

<i>Corn on the Cob</i>	<i>Dessert</i>	<i>Fruits</i>	<i>Drinks 2 cases juice/water</i>
Cabaccang, Noah	Pu'u lei-Auld, Kahanu	Kurisu, Kellen	<i>Please bring chilled & in a cooler</i>
Cadaoas, Jacob	Ramelb, Jonah/Joshua	Lambert, Donald	
Caldwell, Tahī	Rutherford, Jarret	Lulu, Faafetai	Miner, Caleb
Cheong, Thomas	Salas, Luke	Monico, Branson	Bacalso, Tyrone
Chun, Nakoa	Saulekaleka, Apenisa	Peterson, Levias	Baldovi, Phillip
Failauga, Austin	Scarmazzo, Dakota	Reagan, Shayne	Baldachino, Jacob
Ferguson, Nicolas	Sharsh, Jon Michael	Scott, Ishmael	Bigornia, Noah
Fiatoa, Maxwell	Suganuma, Marc	Serio, Robert	Castro, Brycin
Gill Darreon	Toft, Austin	Talaro, Leon	Justo, Ty
Hines, Emmanuel	Villa, William	Tangonan, Jared	Kilborn, Kainoa
Kim, Arron	Yanai, Kaleo	Taura, Kit	Kotani, Shaun
Kim, Jeff	Aragon, Chad	Yap, Kristian	Lucero, Wylan
Lebato, Cameron	Berano, Jeremy		Obreio, Mervin
Marshall, Brendon	Cruz, Kawika		Patterson, Justin
Nguyen, Kevin	Ebron, Marquis		Pearson, Chris
Oliverso, Branen	Higashi, Joshua		Rowe, Cody
Pagano, Scott	Kamaka, Chance		Rush, Nikolas
Pagba, Sheldon	Kaneshiro, Micah		Self-Kamau, Lyrik
			Sosa, Emmanuel
			Torres, David
			Wright, Cody
			Yamada, Roy/Reece
			Antonio-Williams, Jordan
			Mafeteo, Ratu
			Banta, Domenique

Questions or concerns
you can call Grace Copeland
at 722.5764